

Friends of Scotchman Peaks Wilderness (FSPW) is a non-profit organization. The proceeds from all events and sales benefit our wilderness preservation efforts.

Donations are tax deductible

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PEAK EXPERIENCE

The Newsletter for Friends of Scotchman Peaks Wilderness Volume 2, Number 5 • September/October, 2006



Tales of Scotchman Peaks - Blowout on Scotchman Peak Run

By Bob Hays

Three years ago my oldest son, Bob, and his family came up for the Fourth of July celebration. Bob, two grandchildren, Josh and Jessie, and I decided to go for a ride in the mountains to see if we could see any game and to enjoy the mountains. While we were riding up the road and shooting the bull, Jessie said "That's a beautiful mountain." "Ya, I said, "that's old Scotchman's Peak. I've spent some good times up there camping overnight, sleeping on the rocks, and listening to the goats walking across the rocks at night."

One thing led to another and the kids said "Let's walk up the trail a way so we can look over the town." We had a bottle of water with us and were wearing tennis shoes so we agreed. We checked in at the trailhead and saw that there were four parties ahead of us. We signed in and took off. The kids do a lot of hiking down in Nevada in mountains 11-12,000



Mountain Goat on Scotchman Peak Photo courtesy Jim Mellen, ©2006 Friends of Scotchman Peaks Wilderness

feet in elevation. Jessie, 10 years old at the time, took the lead. Josh was 12. They took off at a pretty fast pace, so we were picking them up and putting them down pretty fast.

In about 30 minutes, we caught up with and passed one party; 15 minutes later we passed the second party. I thought the kids would slow down a little but they kept up the pace. We passed the other two parties and moved into the opening we call the meadow. They finally stopped and looked back over the Clark Fork Valley at the beautiful view.

Well, about that time I felt one leg start to tighten up a little. I said "I forgot to bring my quinine sulfate pills. I have to take them when I am hiking or backpacking because I get muscle cramps real bad." A cramp hit my left leg. I started to sit down to stretch it out when, bang, another one hit my right leg. While I was lying down with cramps in both lower legs, cramps hit in both my thighs.

As I lay there, with the pain showing in my face, grabbing for the bear grass, the kids said "Grandpa, are you having a heart attack?" I said "No, but I wish I was because I don't think the pain would be as bad. It will take

Continues on following page



Peak Views

The Friends of Scotchman Peaks Wilderness is proud to present our summer 2006 hiking series! We have a hike for everyone, from easy family hikes to overnight trips for experienced bushwhackers. Come join us for one of our organized hikes and see first hand why the Scotchmans are so special. Group size is limited and reservations are required. To sign up contact the hike leader listed. For more details go to our website at www.scotchmanpeaks.org.

E = Easy		M = Moderate	S = Strenuous	D = Difficult-Experienced Only				
Thu 9/7	u 9/7 E/M Full Moon Antelope Mountain, watch the full moon rise and cast its light upon Scotchman Peak as seen from Antelop							
		Led by Joyce Pence 208-266-1107 konjoy@webtv.net						
Sun 9/10	E/M	East Fork/Thunder Creek, Cedar line	hunder Creek, Cedar lined stream banks, remote basins and Bull Trout habitat. Carol Jenkins (208) 265-9204,					
Sat 9/16	M/S	The Slow Hike To Scotchman Peak, for anyone wanting to go to the namesake mountain on a slow pace with lots of breaks. Let						
		by Jan Griffitts, (208) 265-4380, jan@looptravel.com						
Fri-Sun	D	Savage Mountain Adventure - Starting near Spar Lake this very strenuous 2 to 3 day back-pack trip will visit several basins near						
9/22-24		Savage Mountain. Experienced backpackers only. Led by Cesar Hernandez (406) 883-5019, mwanw@wildmontana.org						
Sat 9/23	S	Goat Peak, very steep trail, strong hikers are rewarded with unique and stunning views. Led by Susan Drumheller 265-9565,						
		sdrumheller@wildidaho.org						
Thu-Sun	D	Compton Crags fall tour - 4 days, fro	m Little Spar Lake to Blue Creel	k along the spine of the Scotchmans. Backpacking, boulder				
9/28-10/1		hopping and bushwhacking - and awe	e-inspiring. Not for the novice. Vo	ery limited space. Led by Sandy Compton 406-847-2396,				
		scenic.route@sandycompton.com	-					

Blowout on Scotchman Peak Run- Continues

about half an hour for the cramps to go away. If you guys want to go to the top, go ahead. I will amble back down the hill when they go away."

Jessie said "Grandpa, I think I will stay with you because I've had enough beauty for one day. It can't be any prettier than it is right here. Josh, you take my camera and take some pictures when you get to the top so I can see what it looks like from up there."

While I was lying there stretching out my legs, the party we passed last came up on us. One of them said "There is the little gal who was leading the pack that passed us almost on a run about half a mile back down the trail. What's the matter? Did you run out of gas?"

With a little smirk on her face, Jessie looked up and said "No, I didn't run out of gas. Grandpa blew out both of his rear tires." They got a big kick out of her comeback. I had to explain to them about the cramps caused by forgetting to bring my quinine pills.

After the cramps left, we made it back down the trail to the pick up and waited for a couple of hours for Josh and Bob to come down. Josh got some nice snapshots of the different views from the top, a good picture of the old lookout remains, and a friendly old goat. When we were joking this summer about our trip, I told Jessie "Next summer I will take my pills and I promise you I won't have another blow out."

Message from the Chair

By Phil Hough

Things are heating up for wilderness this summer. At the end of July, the US House of Representatives passed a bill, which would establish the Boulder White Clouds Wilderness area. However you feel about this bill, it is a major landmark in wilderness politics for Idaho and Montana, one that has the potential to resonate even as far north as the Scotchmans.

The Idaho Panhandle and Kootenai National Forests have extended the comment period on the draft forest plans until September 9th, so the time is "Hot" to submit your comments supporting the Scotchmans – go to our website for more details.

Our summer hikes program has been "hot" as well, with many people exploring the Scotchmans for the first time, while others return on a special pilgrimage to their favorite area. We have a few hikes left this fall – be sure to join us on one.

We marched in the "heat" at several July 4th parades, the Huckleberry Festival, and the Bonner County Fair. Our merchandise sales have been hot with new shipments of shirts and the launching of our on-line store, powered by Cafepress. For all your gift needs go to our website and check out a wide variety of Scotchman Peaks logo items.

Most importantly, we value very highly some of the recent endorsements for the Scotchmans. The City Council of Thompson Falls unanimously passed a resolution of support for the Scotchman Peaks and the Greater Sandpoint Chamber of Commerce has submitted their endorsement as well – thank you!

We are working on several events for this fall to keep our momentum moving forward so that our supporters can come together to help

work, and play, for wilderness. We will keep you informed as plans develop.

If you are receiving this newsletter by mail and have an email address please help us save postage by sending us your email address.



What Grows There - Lobster Mushrooms

By Jon Burkhart

Mushroom enthusiasts who frequent the Cabinet Mountains dread the long hot days of summer because spring and fall are the most productive times of the year for edible mushrooms. However a summer rain can cause a bloom of one of the most delectable fungi in our area. The lobster mushroom is large, bright orange and easily spotted in the heavily forested areas of the Cabinets.

This is actually a parasite of other mushrooms which takes over the fruiting body of fungi like Russula and changes it into lobster mushrooms. It forms a smooth shell which has no gills or tubes and becomes the color of a cooked lobster. They have pure white flesh and are delicious fried or prepared as any other mushroom in soups, frittatas, stir fries, etc. This mushroom has a very nice texture and adds a pretty red color to any dish. They dry

well and are sold commercially in grocery stores and used frequently in restaurants.

As they age they become deeper red and the flesh becomes brownish and are not as appetizing. They can bloom



Lobster Mushroom
Photo courtesy Neil Wimberley

well into the fall and can be quite numerous in the right conditions.

Most mushrooms books will have information to identify them under the name Hypomyces lactifluorum. Keep your eyes peeled and you can enjoy fresh mushrooms in the dog days of summer. (I picked four pounds this year on the 14th of August.) See Connie Burkhart's recipe for sautéed Lobster Mushrooms on page 7.

Scotchman Rocks

By Bill Martin

The Scotchman Peaks are not as tall as they were when I first got here. By the time I'm gone, they'll be shorter yet. This is because sea-level, the constant from which we measure elevation, is rising. Global warming, along with its other effects, causes mountains to shrink.

They were over 300 feet higher 15,000 years ago at the peak of the last ice age. The Cordilleran ice sheet, moving south down the Purcell trench, covered the site of Sandpoint then, reaching the southern end of Lake Pend Orielle, which was formed by its terminal moraine (a terminal moraine being the gravel, clay and boulders bulldozed up at a glacier's leading edge).

There were numerous ice ages during the last 2 million years, but since each advancing ice sheet obliterated the evidence

of its predecessor, we have a clear record of only two. The evidence of the former one (about 100,000 years ago) is still there because its ice was thicker and it advanced further south, to the north end of Lake Coeur d'Alene, which was formed by that terminal moraine.

During each of these ice ages, glaciers damned the Clark Fork valley at the Montana/Idaho border to create glacial Lake Missoula (about which more next time). Ice also came down the Bull River valley as far (the last time) as the south end of Bull Lake (which was formed by, etc.).

In both cases the great ice sheet moved on both sides, but not over, the Scotchman Peaks. Had it done so, we would have Scotchman knobs, glacially rounded mountains such as those on both sides of the Purcell trench north of Sandpoint.

Instead, local glaciers in each drainage vied with each other to spectacularly splinter the mountain tops.

A last vestige of these glaciers may still be seen across the Bull River valley to the east of the Scotchmans behind Snowshoe Peak in the Cabinet Mountains Wilderness – Blackwell glacier. It is still technically a glacier rather than a snowfield only because it has been there continuously for over 15,000 years. Yet, some



Moon Over Scotchman Photo courtesy Rocket Reed

summer it will melt away completely.

Unless, of course, we enter another ice age. Though currently not the most popular conjecture, it's been postulated that global warming could trigger the onset of one.

Who knows? Robert Frost (or was it Sandburg) wrote something like "Some say fire, some say ice. As for me, fire's nice, But ice will suffice."

Next time: The humongous, really big flood.



Please Invite Us to Speak to Your Group

We are available to do a 10 minute or longer Power Point Presentation and discussion for businesses, service organizations, clubs, and groups of friends and neighbors.

Please contact us if you are interested.

In Idaho or Washington, contact Jan Griffitts at 265-4380 or jan@looptravel.com

or Phil Hough at 255-2780 or nowhere_man97 @hotmail.com

In Hope/East
Hope/ Clark Fork,
contact Neil or
Ann Wimberley at
neilwim@yahoo.com
or afwim@yahoo.com

In Montana, contact Doug Ferrell at mferrell@yahoo.com

Along the Trail

Montana – By Ernie Scherzer

On June 28th the Montana FSPW held a picnic at the Bull River Campground pavilion which was attended by 45 supporters. We expressed appreciation to all organizations and newspapers which endorsed our concept. A great time was had by all in attendance.

The Montana Friends of Scotchman Peaks Wilderness participated in two Fourth of July Parades, at Noxon and Heron. The crowds were friendly and receptive. Much literature relating to Scotchman Peaks was distributed.

On August 12th another contingent marched the Huckleberry Festival Parade in Trout Creek, one of the 3 largest parades in Sanders County. FSPW also had a booth staffed for both days of the festival. This year we acquired the names of more than 30 new supporters for FSPW during the festival.

We plan to increase the number of supporters for FSPW in our county this fall and winter. We also are laying some groundwork to obtain more endorsement by groups within our county.

Idaho/Washington - By Phil Hough and Carol Jenkins

An undated eight page "insert" full of information on the Scotchmans was published in The River Journal, The Sanders County Ledger, and The Western News in June. If you have not seen this inspirational item, please come pick one up at one of our upcoming presentations.



Glacier Lilys
Photo courtesy Phil Hough

FSPW participated in the Sandpoint and Clark Fork July 4th parades. We also sponsored a booth at the Bonner County Fair. These were wonderful opportunities to put on our Scotchmans shirts, greet our neighbors, and share our passion for wilderness and the benefits of bringing permanent protection to the Scotchmans. If you didn't have the opportunity to join us at these events, please contact us about future volunteer activities. Finally, a big thank you to everyone who joined us at the parades and booths.

Check out Sandpoint's local cable channel access for a video from "Hot Shots" about the Scotchmans.

The Gonzaga Outdoor Bazaar was a great opportunity to take the Scotchmans to a college crowd.

In August, about 40 incoming students from Gonzaga University spent part of their Freshman Orientation paticipating in a service project, coordinated with the Sandpoint Ranger District of the Idaho Panhandle National Forest, improving the Morris Creek Trail in the Scotchmans.

The Future Looks Bright

Phil Hough and Doug Ferrell will attend "Washington Wilderness Week" September 10-13, sponsored by The Wilderness Society". Phil and Doug will join about 60 other wilderness advocates in celebrating wilderness support and spreading awareness of wilderness issues in our nation's capitol. This is a great opportunity to bring the Scotchmans' message to members of Congress.

Doug Scott, author of "The Enduring Wilderness" will make several stops in our region this fall to talk about his book, wilderness values, and the Scotchmans. Details

will follow in our next newsletter.

FSPW is working on bringing Jack Gladstone back for an encore performance sometime this fall or winter.

Wish List

We need an outdoor booth cover and two tables for our booth, preferably 4-6 feet in length and lightweight. Please contact Jan Griffitts at (208)265-4380 or <code>jan@looptravel.com</code> for more information.



Wild Creatures of the Scotchmans - Wolverine, (Gulo luscus)

By Mindy Ferrell

Vicious. Fearless. Tenacious. Territorial. Elusive. Any description of the wolverine would include all these words and more for this largest member of the weasel, or Mustelidae, family, though its appearance resembles a bear more than a weasel. Visitors to the Scotchman Peaks are unlikely to come across these volatile predators except by seeing their tracks, but their range most certainly needs its wild, remote habitat.

The wolverine's powerful body has glossy, dark brown fur on its back with sides that are pale buff. They sport a long bushy tail, short legs, and a broad head with short rounded ears. Their face has a silvery mask, and its jaws and teeth are adapted to tear into frozen meat and bone with ease. Males range from 25 to 40 pounds with the females typically 60 – 70% smaller.

Wolverine would not be present without healthy populations of large herbivores such as deer, elk, moose, and caribou, with smaller animals and even insects consumed if necessary. The larger species make up the bulk of the wolverine's diet most of the year and are typically consumed as carrion. So volatile is their personality that they have been known to drive grizzly bears away from a kill. Leftover food is sprayed with a foul smelling musk marking it as the wolverine's own.

In the lower 48, the wolverine is known to be present in Washington, Idaho, Montana, and Wyoming with its status unknown for Oregon, California, Colorado and Utah. Its remarkable endurance is matched by an extremely large home range. A single male wolverine will not tolerate another male in its territory and will vigorously patrol mountain terrain that is known to range from 400 to 1500 km in Montana and Idaho, respectively. The female's range is much smaller, especially if she has kits, and a single male will overlap its home



Wolverine Photo courtesy Roger Tuttleman www.flicker.com/people/tut99

range with several females.

Wolverines become reproductively active from May through August and use a strategy called delayed implantation. The fertilized egg grows until it is about the size of the head of a pin, and then stops and remains in this state for 6-8

months when it then implants itself in the uterine wall. Gestation, then, starts anytime from November to January and takes 30 - 50 days. Birth takes place by the end of March, with litters usually having 2-3 kits. They are white, fully furred at birth, with closed eyes and no teeth. Weaned at 9 - 10 weeks, the mother will have moved her den several times to avoid predation or adjust to snow melt. The kits will begin to travel with her by late May. Adult size is reached by the following winter, with mating maturity, on average, reached at 2 years of age. Denning occurs most often in talus slopes accessed by tunneling through deep snow, often above tree line.

According to The Wolverine Foundation, humans cause the majority of deaths in wolverine, occurring in areas where wolverines are trapped for sport or commercially. Aside from human-caused mortality, starvation and predation appear to be primary causes of death. Wolverines are commonly scavengers, which often times results in encounters with other predators. While wolverine are certainly capable of defending themselves in most instances, they are still relatively small animals in comparison with other large predators such as bear, wolves, and mountain lions. In encounters with such predators, the wolverine will occasionally be killed. Starvation most likely accounts for some mortality when wolverines become old and not as able to travel and find food.

Please Help Now

The deadline for comments on the **Forest Service** Draft plan for the Kootenai and **Idaho Panhandle National Forests** has been extended until September 9. Please go to our website for details and submit your comments.



Trail of the Month

Our trail of the month, is really not a trail at all. It's a bushwhacking and boulder hopping, cross-country hike. That's the only way to get to the top of Scotchman Number 2. For the intrepid few who venture to the top of this peak the rewards are many.

Oh, the hike starts off innocently enough, with a well worn trail to Little Spar Lake, that seduces the hiker into thinking this will just be another romp in the

woods. In fact, most hikers have trouble passing up the siren song of Little Spar Lake. They stay and enjoy the cold water and warm rocks. Maybe they cast about for a trout or two or enjoy the cozy lakeside campsites. They look up at the foreboding cliffs and venture no farther. Who could blame them for staying in such a peaceful spot?

Then there are those souls who look to the top of the cliffs and wonder what else lies above them, beyond this limited field of vision. Following game trails and gut instincts, pushing aside Alder, huckleberries and bear grass, it's possible to climb to the low lying watershed divide to the west of Little Spar Lake and follow it into the basin between Scotchman 2 and Savage Mountains. Dotted with ponds and punctuated with solitude this lovely basin area holds Engleman Spruce and Sub Alpine Fir, black bear and mule deer; and it makes a nice base from which to explore the nearby higher ridges and peaks.

Known as "vertigo ridge" to some locals, the basin's south wall dominates the sky and a little imagination will reveal several walkways to its roller coaster top. Rambling along Vertigo ridge, roughly to the west, will take the



Vertigo Ridge Photo courtesy Phil Hough

determined hiker to the top of Scotchman 2 in a couple hours. The hiker with a camera may have to double that time. Standing on Scotchman 2, with views falling away into Lake Pend O'reille and stretching north past the last of the Scotchman peaks will inspire a longing to return to this special place and invite the truly adventurous to consider climbing Savage Mountain.

Ouotables

I was talking to my neighbor, Rocket, the other day and the conversation got around to the Scotchmans. He sent the awesome photo of the moon rising over Scotchman Peak that is running with our article this month called Scotchman Rocks. He happened to mention that a friend in Spokane had attended the presentation the Friends made to the Spokane Mountaineers in June. He had praised the presentation highly. It reminded me of the letter to the Daily Bee of July 18. Chris Burge attended that presentation and wrote a wonderful letter, part of which deserves sharing: "In all my travels and presentations that I have attended, this dedicated group of people are simply the best. The digital Power Point slide show... was the very best digital presentation I have seen bar none. Rarely is a digital show the quality that they presented. The projected images were crisp, sharp and inspirational. All of northern Idaho should be very proud to have such a quality organization amongst us." Thanks Chris! - Carol Jenkins

Thanks for Help from Our Friends

CHALLENGE FROM CINNABAR HAS BEEN MET

In a stunning response from our Friends, the \$5,000 in matching funds has been contributed from supporters two months ahead of our self-imposed deadline. This remarkable achievement validates our hard work and the widespread belief that the entire Scotchman

Peaks roadless area deserves permanent protection as wilderness.

Outreach and education will continue. Our gratitude to all who made this possible!

Carol Ienkins



From the Top

The hot summer days are passing quickly, sometimes in the haze of wildfires. Cooler nights tell us fall is on the way. The first issue of Peak Experience was published in September of 2005. It has been an eventful year. Our anniversary issue is being emailed or snail mailed to almost 800 Friends. Carol Jenkins has been working hard to obtain grant money; we have now matched the funds to obtain our first grant. We have shared the wilderness with others through our hikes and presentations. The Kootenai National Forest draft plan was, however, a big disappointment. We continue to need your support for reversal of this decision.

President Theodore Roosevelt said in his Fourth Annual Message "We owe it to future generations to keep alive the noble and beautiful creatures, which by their presence add such distinctive character to the American wilderness." Join us as we work for official wilderness designation, ensuring a safe home on Scotchman Peak for the noble and beautiful goat in Jim Mellen's awesome first page picture.

Ann Wimberley

Wear your Support for the Scotchmans

T-shirts and sweatshirts with our logo are available at Outdoor Experience in Sandpoint, The Hope Market Café in Hope, Far North Outfitters in Bonners Ferry, and Huckleberry Thicket in Trout Creek, MT. Out of the area, contact jmellen@imbris.net.

Other Scotchman Peaks merchandise is now also available in our online store run by Cafepress. Check it out at www. scotchmanpeaks.org/store.html.

Birds Found on the Scotchman Peaks – Falcons

By Earl Chapin

Hawks have short, wide wings used for slow flight and soaring in search of prey. Falcons have long, narrow, powerful wings that allow them to fly fast and maneuver in the air for mid air attacks on birds.

The Gyrfalcon is our largest falcon. It is 20 to 25 inches in length with a very heavy body. This falcon lives on open tundra in Alaska and the Northwest Territories, but a few migrate to the northern U.S. each winter. They prey almost entirely on birds. Color can be from dark brown to all white. Most I have seen were very white.

Peregrine falcons are rare in our area. They were near extinction a few years ago but, with the help of nest boxes on cliffs, have been reintroduced in many areas. They are 16 to 20 inches long and are the fastest flying of all falcons. Birds are dark on the back, light on the breast, and have a black helmet on the

head. Peregrines live on rocky cliffs near wetlands. They feed almost entirely on ducks and shorebirds.

Prairie falcons are also rare in our area, but common in farmland. They are similar in appearance to the Peregrine except they are light brown with whitish underneath. They prey on small birds and animals.

Merlin are 12 inches long. The male is blue on the back; the female is brown on the back. Both are orange underneath. Merlins feed mostly on small birds caught in mid air, but also eat rodents and insects. These birds habitat open wooded areas. We see many every year in



Peregrine Falcon
Photo courtesy Roger Tuttleman
www.flicker.com/people/tut99

Sandpoint. They also nest in Sandpoint.

Kestrels are our smallest and most common falcon being only 10 inches long. The male has a russet back and tail and double black streaks on a white face. They feed on insects and can be seen perched on fences and power lines along country roads. This falcon hovers as it hunts.

Sautéed Lobster Mushrooms

Clean lobster mushrooms well with a brush. Slice into ¼ inch slices. Beat one egg with a couple of tablespoons of water. Dip mushroom slices in egg and then in flour, coating both sides. Sauté in butter until lightly browned; then turn and sauté on the other side. Season with salt and pepper and serve immediately.

Connie Burkhart



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How You Can Help

Support Friends of Scotchman Peaks Wilderness

As concerned citizens, we support protecting and preserving the Scotchman Peaks area for ourselves and future generations. Highway 56, Highway 200, Lightning Creek Road, and Rattle Creek/Keeler Road surround this 88,000 acre scenic area which straddles the Idaho and Montana border. Wilderness Designation for the Scotchmans will protect plants and wildlife, including the endangered grizzly bears, mountain goat, and bull trout; it will protect water quality; and it will preserve a special place for future generations. In addition, local communities will benefit from the unparalleled recreational and economic opportunities such wilderness provides.

Bonners Ferry 2	
Proposed A Scotchman H Peaks O	M O N T A N A
Sandpoint Wilderness	N 56
Clark Fork 200	
Fork 200 =	Heron Noxon
Spokane and Map courtesy Coeur d' Alene Sylvie Amezcua White	

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Donation enclosed (optional). Donations are tax deductible.

Please make checks payable to the Friends of Scotchman Peaks Wilderness. Detach & Mail to the address below.



Friends of Scotchman Peaks Wilderness PO Box 2061, Sandpoint, ID 83864